



connectFASD

It is our mission to make life better for anyone impacted by FASD.

Fetal Alcohol Spectrum Disorder is a series of physical, cognitive, and developmental conditions that have resulted from prenatal exposure to alcohol. About 4% of Canadians are believed to have FASD.

At **connectFASD** we envision an empowered community that supports healthy pregnancy through trauma informed care, and embraces those impacted by Fetal Alcohol Spectrum Disorder through their whole life.

We do this through our Support Services, Helpline, Chat, and Web-based information platform, promoting knowledge and understanding for a safe community of supports and services to individuals, families, community members and professionals.

We are here to help: **Informing. Supporting. Connecting.**

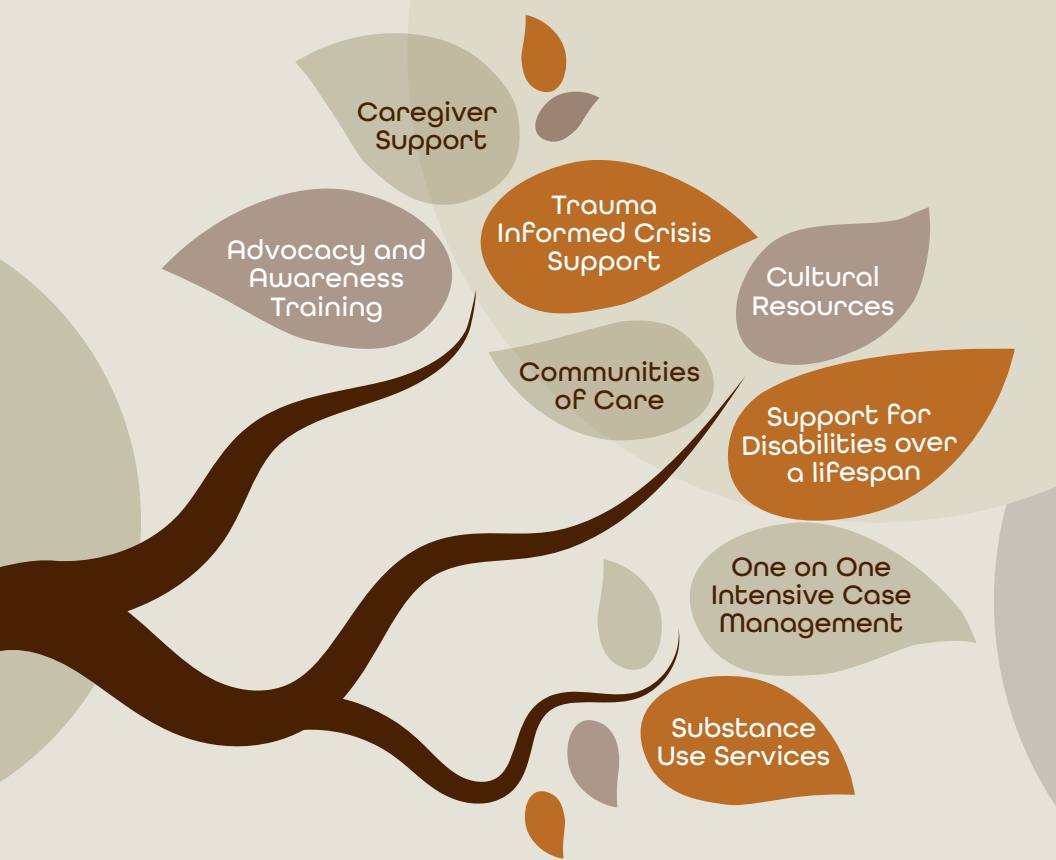
Individuals with FASD have both strengths and challenges and require support over a lifespan to reach their full potential.



We offer support, information, and connection for:

- Parents or expectant families
- Children, youth, families, and adults with (possible) FASD
- Finding Assessment and Diagnosis resources
- Living with disabilities
- System navigation
- Community connections
- Advocacy within systems
- Supports for substance use
- Supporting schools and educators
- Training professionals who have clients with FASD
- Creating communities that are safe and inclusive
- Building better futures for everyone impacted by FASD

Our services are free to everyone. We aim to support your unique needs to reduce barriers and build inclusion.



As a connectFASD client, you have the right to:

- Be part of any planning or decision that affects you
- Ask for what you need
- Change your mind
- Ask questions
- Tell us how you feel
- Have your own point of view
- And imagine the life you want

Our goal is to help you get there.

Talk to us to gain
knowledge and
understanding
about FASD:

1-866-601-FASD



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@connectFasD

connectFasD.ca